

## WOMEN FROM 45 TO 55 TESTIFY

To the Merit of Lydia E. Pinkham's Vegetable Compound during Change of Life.

Westbrook, Me. — "I was passing through the Change of Life and had pains in my back and side and was so weak I could hardly do my housework. I have taken Lydia E. Pinkham's Vegetable Compound and it has done me a lot of good. I will recommend my medicine to my friends and give you permission to publish my testimonial." — Mrs. LAWRENCE MARTIN, 12 King St., Westbrook, Maine.

Manston, Wis. — "At the Change of Life I suffered with pains in my back and joints until I could not stand. I also had night-sweats so that the sheets would be wet. I tried other medicine but got no relief. After taking one bottle of Lydia E. Pinkham's Vegetable Compound I began to improve and I continued its use for six months. The pains left me, the night-sweats and hot flashes grew less, and in one year I was a different woman. I know I have to thank you for my continued good health ever since." — Mrs. M. J. BROWNELL, Manston, Wis.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled in such cases.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

## The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS. Purely vegetable — act surely and gently on the liver. Cure Biliousness, Headache, Dizziness and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

North Dakota. Wheat and Corn Land For Sale. We have 100,000 and 20,000 acre farms for sale, price \$100 and \$25 per acre, on easy terms. Located on the New River, Montana line of the Northern and Great Northern Railroads. Bismarck, Bismarck, Bismarck, Bismarck.

The Extreme. "This fee business is a nuisance. You have to give one everywhere to get the least service."

"I know it. Even if you want to speak politely to a lady, you have to tip your hat."

The Similarity. "Jims says his wife's tongue goes as fast as an express."

As Played by Ear. "Why are you prejudiced against golf? You never saw the game."

"No; but once I heard of one."

Hardly. "Is life on a submarine quite cheerful?"

"I should think it would rather induce that sinking feeling."

Grass is naturally green, but after a man has bumped up against a grass widow he is apt to imagine he is color blind.

With some men nothing is impossible. You will even sometimes see an old bachelor trying to amuse a baby.

If you are poor your friends seldom help you, but if you are rich they usually want to be helped.

Oregon has two women harnessmakers and 29 female hatmakers.

We admire a good talker who knows when to shut up.

## "Buy the Goods—

## Not the Package"

Advises Hon. Geo. W. Perkins, Chairman of New York's Food Committee.

And it's good advice! Select the food that contains the greatest nutrition for the least money, whether in ornately colored package or in a plain carton.

The Grape-Nuts package isn't pretty—no money is wasted upon ornament—but it's air-tight and germ-proof, to protect the food and keep it in perfect condition.

# Grape-Nuts

FOOD

made of selected wheat and malted barley, is delicious, concentrated, easily digested, and contains, pound for pound, more nutrition than beef—and costs less.

"There's a Reason" for Grape-Nuts

—sold by Grocers everywhere.

## FINDS WILL; GETS \$14,000

Engineer Overwhelmed When He Opens Box and Finds Fortune Left by Friend.

A windfall, as welcome as it was unexpected, came to Harvey A. Acker, a locomotive engineer on the Reading railway, living at Allentown, Pa., with the finding of the will of Radley Mohr, retired cigar maker and widely known sportsman, who died at the age of fifty-six.

Mohr for years, living very modestly, boarded with Acker, who was one of his cronies, the pair often going out together for a day with rod and gun. Mr. Mohr for several years, on account of failing health, did nothing but hunt and fish.

It was not known or supposed that he had any fortune. While cleaning up his effects the morning after the funeral Mrs. Acker came across a document which indicated it was Mohr's will. She showed it to Acker, who found he was the sole beneficiary of the estate, and Arthur J. D. Koenig, clerk of the orphans' court of Lehigh county, was named executor.

The will, besides bequeathing to Acker a small property, said he should have the contents of a safe deposit box in one of the banks, and it told him where to find the key and how to open the box. He called on Mr. Koenig and the two did as directed in the will. Their eyes opened in astonishment when they found \$14,000 in clean new bills and gold.

Oriental Water Bottles.

Hebron, one of the oldest cities in Palestine, has always been famous for its Oriental water bottles, made of goat skins. Here are to be found large tanneries, where these receptacles are turned out by the thousands.

Lying upon the ground in rows may be seen hundreds of goat skins awaiting purchasers. Each skin is inflated, either with water or with air, so that the buyer may know it is perfectly water tight.

The majority of the skins used come from Arabia, while a large number are also received from the Lebanon. They are brought to Hebron by the camel caravans and are purchased by the tanneries and turned into bottles. They pass through many processes and a tanner will spend a week upon a single skin before it is rendered water-tight and serviceable.

From Hebron these old "bottles" are sent to all parts of the East, thousands going down into Egypt and the Sudan every year. They are also used as rafts. A number of inflated skins are attached to a light wooden frame, which then not only readily floats, but is capable of carrying quite a heavy load. Such rafts are to be seen on the rivers of Syria and also on the Euphrates and Tigris. — Birmingham Post

The Truthful Traveler.

"How did you find life in the tropics?"

"All that I expected it to be."

"You were not disappointed then?"

"Not at all. I thought it was going to be the next thing to Hades, and it was."

Preposterous.

"The poor fellow was simply driven to his grave."

"Well, why not? You wouldn't compel a dead man to walk there, would you?"

Business Coming.

Bill—He'll have a lot of business after the European war is over.

Jill—Why, what's his business?"

"He's a mapmaker."

Natural Reason.

"Indians face death more bravely than white men."

"Naturally. Indians like to dye."

The Reason.

"That fellow has a screw loose."

"Maybe that is why he is trying to get tight."

Three Devonshire (England) brothers who went to the front have returned (wounded) by the same train.

Adam was the only man in the history of the world who never tried to blame his downfall on heredity.

Nothing is more disgusting than a young man trying to act old or an old man trying to act young.

Even a married man's love is apt to grow cold if his breakfasts are not kept warm.

## FARM STOCK



### BEST RATION FOR THE PIGS

Economical to Make Use of All Available Skim Milk—Furnishes Necessary Protein.

In making up a ration for pigs, it is economy to make the best use of the skim milk available. Experiments have proved conclusively that where sufficient skim milk is available to furnish the protein content of the ration to balance up corn, it is not necessary for good economy to feed any kind of high protein concentrates to growing pigs.

The proper proportion in which to feed skim milk and corn for the best results, is from one to three pounds of the skim milk to one pound of corn meal, using the larger proportion of milk when the pigs are young, and gradually increasing the amount of corn meal in proportion to milk used.

For young pigs, the ration will be very materially benefited by the addition of a liberal portion of middlings.



Well Finished Bunch of Hogs.

which is a well-balanced feed for pigs. It is a difficult matter to estimate the amount of feed which will be required by 50 pigs up to August 1, as very much depends upon the capacity of the pigs to make rapid gains.

On good rape or alfalfa pasture, however, no more than 350 to 400 pounds of grain, or its equivalent, should be required for 100 pounds of gain. The value of skim milk can be reduced to a grain basis by figuring 250 pounds of skim milk to equal 100 pounds of grain when fed with corn in the proportion above advised.

Figuring upon this basis, it will not be difficult to estimate approximately the amount of feed which will be required for the time mentioned.

### TREATING HORSE FOR THRUSH

Hoof Should Be Trimmed Properly. Diseased Parts Removed and Strong Disinfectant Applied.

(By M. H. REYNOLDS, Minnesota Experiment Station.)

Thrush in horses' feet is frequently caused by standing in filth. This changes the texture of the hoof and infection follows. Continuous standing on very dry floors may also cause this trouble, while in some cases it is apparently caused by a contraction of the hoof.

When the horse is shod with high heel and toe calks or the wall of the hoof is allowed to grow very long and the horse stands on hard floor so that there is no pressure on the frog of the foot, the condition of the frog is impaired and it becomes subject to infection and disease. Cases of thrush need a dry, clean stall.

Trim the hoof properly, remove the diseased parts and apply a strong disinfectant over the sole of the foot. Any of the coal tar disinfectants may be used full strength. Pure carbolic acid may be used, care being taken that it does not run down the heel and burn the skin.

After the first strong disinfectant, calomel should be dusted over the diseased surface and some thick clay applied to the entire sole.

Working Brood Mares.

If mares are kept at light work the last few weeks they are benefited by being worked right up to foaling time. Brood mares are injured by severe work which requires them to strain or over-exert. Backing heavy loads is not a suitable task for mares heavy in foal. In most years enough mares will miss getting in foal to take care of the heaviest work. They are best off if rested for ten days of a couple of weeks after foaling.

Why for Pigs.

Ordinary whey is worth not more than half as much as skim milk or buttermilk when fed the pigs. Most of the muscle-building material is taken out of milk by cheese, and the resulting whey is very poor in muscle builders, as compared with ordinary milk. It takes about a gallon and a half of whey to equal the feeding value of one pound of corn or barley.

Don't let Swinemen.

Don't fail to provide green forage for pigs. Alfalfa, rape, clover or rye makes first-class pasturage for swine. Don't let pigs drink from mud holes and stagnant pools. Provide pure, clean drinking water for them at all times.

Stock Relish a Variety.

Live stock relish a variety of rations, changed often, and their systems call for more food when the weather is severely cold than when it is moderately so.

## NO WAR TAX ON CANADIAN LANDS

Untruthful Reports Circulated by Inter-Red Parties.

Defaming a neighbor at the expense of the truth does not help those who are guilty of the practice, and it may be said that those spreading false reports about Canadian lands, in the hope that they may secure customers for their own, will certainly fail of their purpose. False statements so maliciously circulated will sooner or later be disproved. And, as in the case of the lands of Western Canada, the fertility of which is now so well known to people of every state in the United States, the folly of this work shows an exceeding short sightedness on the part of those guilty of the practice.

The present war has given some of these people the opportunity to exercise their art, but in doing it they are only arousing the curiosity of those who read the statements and a trifling investigation will only reveal their untruthfulness.

A very plain statement has recently appeared in a number of papers, reading in part as follows:

"It is believed that as a result of the war tax on land imposed by the Canadian Government a number of former Dakota farmers who went to the British Northwest will be compelled to return to the United States. Information has been received that the tax will amount to about \$500 for each farm of 160 acres, which in the case of many of the former residents of the two Dakotas would practically amount to confiscation."

To show that the public has doubted, hundreds of inquiries have been made the Government at Ottawa, Canada, only to bring out the most emphatic denial. A full-fledged lie of this kind has, of course, only a short life, and will tell in the end against those who forge it and spread it, but, as a Winnipeg paper points out, it is most complimentary to the agricultural possibilities of Western Canada to find that rival farming propositions need audacious mendacity of this description to help them.

What is the truth? The Saskatchewan Government has authorized a levy of \$10 per quarter section on uncultivated lands owned by non-residents. The Alberta Government has imposed a Provincial tax of 10 mills on the assessed value of all uncultivated lands. There are some special applications of these taxes, but the main provisions are as above. Those vacant lands held by non-residents in Western Canada form a grave problem. They are making for poor communities, poor schools and poor social and economic conditions generally. By having them cultivated the owners as well as the districts in which they are located will benefit alike. It is for this reason that the Government has recently asked the co-operation of the non-residents. The high price of grain for some years to come, and the general splendid character of Western Canada land will make the question well worth consideration.—Advertiser.

Just Recreation.

A weather-beaten dandy somewhat over six feet in height and with a pair of shoulders proportionately broad appeared at a back door in Wyoming and asked for light housework. She said that her name was Lizzie and explained that she had been ill with typhoid and was convalescing.

"Where did you come from, Lizzie?" inquired the woman of the house.

"Where have you been?"

"I've been working out on Howell's ranch," replied Lizzie, "digging post holes while I was getting my strength back."

PREMATURE BALDNESS

Due to Dandruff and Irritation, Prevented by Cuticura.

The Soap to cleanse and purify. The Ointment to soothe and heal. Daily shampoos with Cuticura Soap and occasional applications of Cuticura Ointment gently rubbed into the scalp skin will do much to promote hair-growing conditions.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

The Situation.

"They are having a hard time in the Dardanelles just now, aren't they?"

"Well, they do seem to be in straits."

The Necessary Start.

"Professor, do you think my daughter has any qualifications for the piano?"

"Well, she has two hands, madam."

From the Chestnut Tree.

"What kind of monkeys grow on vines?"

"Gray-apes, you little rascal, you!"

Step Lively.

Conductor—Come on, now, do a fox trot! None of your hesitation steps! —Judge.

Too many men who boast of being self-made seem to have been interrupted before the job was finished.

Some people are so careless they don't care what happens, so long as it doesn't happen to them.

It is possible to entertain an angel unawares, but you can't entertain a bore that way.

Why pay to be delivered from temptation and then go around looking for it?

## W. L. DOUGLAS

Men's \$2.50 \$3 \$3.50 \$4.00 \$4.50 \$5 \$5.50 SHOES  
Women's \$2.00 \$2.50 \$3.00 \$3.50 \$4.00 SHOES  
Boys' \$1.75 \$2 \$2.50 \$3.00 Misses' \$2.00 & \$2.50

YOU CAN SAVE MONEY BY WEARING W. L. DOUGLAS SHOES

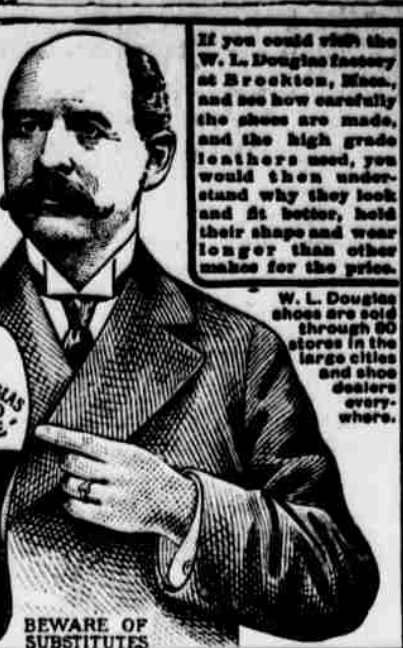
W. L. Douglas shoes are made of the best domestic and imported leathers, on the latest models, carefully constructed by the most expert last and pattern makers in this country. No other make of equal price, and complete with W. L. Douglas shoes for style, workmanship and quality. As comfortable, easy walking shoes they are unsurpassed.

The \$3.00, \$3.50 and \$4.00 shoes will give as good service as other makes costing \$4.00 to \$5.00. The \$4.50, \$5.00 and \$5.50 shoes compare favorably with other makes costing \$5.00 to \$6.00.

There are many men and women wear Douglas shoes. Consult them and they will tell Douglas shoes cannot be excelled for the price.

CAUTION! When buying W. L. Douglas shoes, look for the NAME AND PRICE stamped on the bottom. Shoes thus stamped are guaranteed their value and protected against cheap imitations. The price for inferior shoes by having the NAME AND PRICE stamped on the bottom before they leave the factory. Do not be persuaded to take some other name stamped on to be just as good. You are paying your money and are entitled to the best. If your dealer cannot supply you, write for literature. Catalog showing styles and prices sent by mail.

W. L. Douglas, 210 Sparks St., Brockton, Mass.



BEWARE OF SUBSTITUTES

### PLAYFUL DOG CHOKES BOY

Tragic End for New York Youngster That Came With Tug-of-War Game With Puppy.

Thomas Santerano, five years of age, and his cousin, Angelina, aged seven, were playing in the yard of their home with a cloth dog, sliding him down a cellar door and now and then trying him to clotheslines that dangled from a fire escape.

A real dog, unkempt, lean, and no lineage whatever, entered the yard and the children forgot the cloth dog to play with the stranger.

Thomas, standing on the cellar door, flipped the clothesline, and the dog seized it. He tugged one way and Thomas the other the boy slipping around on the cellar door and laughing.

In some way the rope got about his neck. He tugged to free himself and the dog resisted.

The little girl didn't understand why her cousin didn't shout and laugh any more. She ran screaming into the tenement. When the neighbors came they found the boy dead. They drove the dog away and carried the boy to his mother.—New York Sun.

### SUFFERED FOR FOUR YEARS.

Mr. J. M. Sinclair of Olivehill, Tenn., writes: "I strained my back which weakened my kidneys and caused an awful bad headache and inflammation of the bladder. Later I became so much worse that I consulted a doctor, who said that I had diabetes and that my heart was affected. I suffered for four years and was in a nervous state and very much depressed. The doctor's medicine didn't help me, so I decided to try Dodds Kidney Pills, and I cannot say enough to express my relief and thankfulness, as they cured me of Constipation."

Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Dodds Dyspepsia Tablets for Indigestion have been proved, 50c. per box.—Adv.

Complimentary.

Master of the House to complaining servant—Dear, dear, James, I'm tired of these continued kitchen squabbles.

Servant—Well, sir, how would you like to be called a little-headed old idiot, supposin' you wasn't one, sir?

Some Upsetting.

Tim—My wife and I have had a quarrel. You know, she is getting frightfully stout and last night I told her she looked like an inflated balloon.

Jim—Well, you can hardly blame her for going up in the air.—Judge.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletch* in Use For Over 30 Years.

Children Cry for Fletcher's Castoria

Matter of Sex.

"This is one of the spiciest books I ever read," remarked the hardware drummer, as he turned over another leaf.

"So?" queried the hotel clerk.

"What's the name of the authoress?"

The Kind.

"So they have cleared the water of mines 12 miles for the warships' advance in Turkish waters?"

"Yes, so I hear."

"Could that be called a sweeping victory?"

ALIEN'S FOOT-EASE for the THROPS.

Over 100,000 packages of Allen's Foot-Ease, the antiseptic powder to shake into your shoes, are being used by the German and Allied troops at the front because it relieves the feet, gives instant relief to tired and aching feet, and makes walking easy. Sold everywhere. See it TODAY. Don't accept any substitute. Adv.

Their Specifications.

"What are the Dardanelles, pop?"

"They are the kind of knells that are ringing for Turkey just now, my boy."

YOUR OWN DRUGGIST WILL TELL YOU.

Dr. Martin's Kidney Pills for Red, Weak, Watery Eyes, and Gravel. Relief. No Stopping. Just try comfort. Write for Book of the Kidney and Free. Martin's Kidney Pills, Chicago.

Ten thousand women are being added to the colleges every year.

The Sultan of Turkey has no less than 300 wives in his harem.

Whisky drowns some trouble—and floats a lot more.

### TROUBLES OF EARLY POET

His Brainwork Lost, What Was There to Do But Proceed to Invention of Paper?

"My dear," said the Cave Man Poet, appearing in the doorway of their dwelling, chisel and mallet in hand, "Did you see that page of my poem on 'Spring' I was cutting for the Yearly Neolith yesterday? I can't find it anywhere in the quarry."

His wife nodded.

"Yes," she replied querulously, "and I don't care—you ought to be out hunting grub with the rest of the men. I bounced it off that old pterodactyl's bean yesterday, when he was snooping around here trying to get a couple of the children."

"And did it?"

"Yes, it tore in two and plopped into the lake."

Whereupon the Cave Man threw up both hands in despair, and proceeded to invent paper.



### California's Expositions

Visit Northern Pacific Ry and Great Northern Pacific S. S. Co.

Low Fares, Free Lunches, and Free Transportation to and from the Expositions.

For more information, write to the Northern Pacific Ry, 1000 Broadway, New York, N. Y.

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